



# LIFE TEEN

## MINISTRY OVERVIEW

Our Lady of Grace Life Teen is a high school youth ministry for 9th-12th grade students that strives to grow one, holy, Catholic, and apostolic church. Life Teen is a program designed by Life Teen International, Inc., which creates Eucharist-centered faith formation resources for Catholic parishes around the world. At Our Lady of Grace, Life Teen encourages students to develop a community of faith and skills for lifelong discipleship. Through small group ministry, mentoring, personal witness, Sacrament, incorporation of current issues, retreats, conferences, Christian service, fellowship, and prayer, we seek to form students into valuable members of their future Catholic communities.

### Life Nights

Life Nights are weekly Sunday ministry opportunities during the school year. Nights begin with the celebration of the Eucharist at 5:30pm Sunday Life Teen Mass and continues with fellowship and small group sessions in the Donovan Center. Students are served dinner and then enter into a small group to discuss relevant topics of faith. Over the course of four years, students will learn a curriculum that includes Scripture, Person of Christ, Paschal Mystery, Church, Sacraments, Morality, Catholic Social Teaching, and Vocation. Additionally, each year we will have social nights and issue nights (that focus on a current issue) that connect to reality for our teens.

### Leadership

Life Teen is coordinated by the High School Youth Minister on staff at Our Lady of Grace.

Life Teen is also led by a Core Team of adults who act as models of faith for students. This multigenerational team includes young adults, parents, and priests who desire to share a journey towards God with students.

Life Teen also relies on parents, the greatest influencers of their children's faith lives, to play a role in ministry. There are several annual opportunities for parents to journey with their teens.

### Retreats & Events

In addition to Life Nights, Life Teen offers many retreats, events, trips, conferences, service opportunities, and activities outside of Sunday nights. We HIGHLY recommend participating in these events as they are regularly praised as highlights for students and launching points for a life of discipleship.

### Communication

Life Teen primarily communicates through email or text found at [lifeteen@ologn.org](mailto:lifeteen@ologn.org) or [lifeteen@ologn.org](mailto:lifeteen@ologn.org). Parents and students can also stay informed via Facebook ([facebook.com/OLGlifeteenHS](https://www.facebook.com/OLGlifeteenHS)) and Instagram ([@OLGlifeteen](https://www.instagram.com/OLGlifeteen)). Finally, the OLG website is a good source of information ([ologn.org/ym](http://ologn.org/ym)).

[lifeteen@ologn.org](mailto:lifeteen@ologn.org)



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## ADDITIONAL LIFE TEEN MINISTRIES

In addition to Life Teen nights, retreats, service, conferences, and events, there are several other ministries within youth ministry that are available to high school students. While none of these ministries replaces the faith formation of Life Teen, they can all be excellent additional options for students who are seeking another way to grow in faith.

### **Crooked Halo**

Crooked Halo is the choir and ensemble that leads music for the 5:30pm Sunday Life Teen Mass at Our Lady of Grace. This group is open to junior high and high school students, and is an opportunity to engage in the liturgy and grow in faith through prayer, music, and fellowship. To join in or learn more, subscribe on [Flocknote](#).

### **Daughters of Grace**

The Daughters of Grace are a group of high school girls who regularly meet to dive deeper into theology, Scripture, and growing into faithful Catholic women. The Daughters of Grace seeks to (1) Build community, (2) Give girls adult role models in faith, (3) Work to communicate about faith with one another, (4) Discuss authentic femininity, and (5) Practice servant leadership. This ministry meets twice a month during the school year and once a week this summer. To join in or learn more, subscribe on [Flocknote](#).

### **Knights of the Holy Temple**

The Knights of the Holy Temple is a community of high school boys who seek to grow in virtue and devotion to their Catholic faith. The Knights serve at Mass in a professional and reverent manner, and also meet for fellowship, formation, and service. This ministry serves Masses each weekend; also there are monthly meetings during the school year with weekly social gatherings during the summer. To join in or learn more, subscribe on [Flocknote](#).